



Oral-Microbiome

DEMO REPORT



Health begins in the mouth.



Sample-ID 01NGSXX
Sample receipt DD.MM.YYYY

Summary of your results	3
What do the bacteria in my mouth do?	4
Diversity of the oral microbiome	5
Dysbiosis of the oral microbiome	6
Are there bacteria in my mouth that could harm me?	7-9
• Periodontitis	7
• Tooth Decay	8
• Bad Breath	9
Which bacteria positively contribute to my saliva production?	10
What impact do the bacteria in my oral cavity have on cardiovascular diseases?	11
What impact do the bacteria in my oral cavity have on my gastrointestinal tract?	12
Recommendations for oral hygiene	13
How can I support my oral microbiome?	14
What can I do about bad breath?	15
What should I do if I suspect harmful bacteria?	15
How can I promote my heart health with the help of my microbiome?	16
How can I support the function of my gastrointestinal tract through oral hygiene?	17
The influence of smoking on oral health	17
Additional recommendations	18
Literature	19
Notes	20
Miscellaneous	20

Summary of your results

Diversity of the Microbiome (Shannon index)

Your Result:



Your Shannon index of 4.1 indicates high microbiome diversity suggesting a very stable microbiome.

Balance of the Microbiome (Dysbiosis index)

Your Result:



Your dysbiosis index with 7.25 indicates a tendency towards an imbalance in your microbiome.

Periodontitis

Your Result:



There is no indication of a tendency for periodontitis in your microbiome.

Tooth Decay

Your Result:



There is no indication of a tendency for dental caries disease in your microbiome.

Bad Breath

Your Result:



Your oral microbiome suggests that you may be experiencing or developing bad breath.

Summary of your results

Saliva Production

Your Result:



Your saliva production and its protective effect are likely not impaired.

Heart Health

Your Result:



There is no indication of health issues related to the cardiovascular system in your microbiome.

Stomach Health

Your Result:



There is no indication of health issues related to the stomach in your microbiome.

DEMO REPORT

DEMO REPORT

Health begins in the mouth.



DIAGNOSTICS
QUALITY WITHOUT COMPROMISE

www.procomcurediagnostics.com

